



2021 Women's Region 7 Level 9 & 10 Championships Session Schedule

Updated on April 12th

Level 9	<u>Friday, April 16</u>
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Session 1:	Junior 4 (24), Junior 8 (18) & Senior 2 (22)	Total: 64 (5 IES)
8:00 AM	Open Stretch, Coaches' Meeting	
8:20 AM	Introductions	
8:30 AM	Competition	
11:00 AM	Awards	

Session 2:	Junior 3 (28) & Junior 5 (24)	Total: 52 (3 IES)
11:30 AM	Open Stretch, Coaches' Meeting	
11:50 AM	Introductions	
12:00 PM	Competition	
2:15 PM	Awards	

Session 3:	Junior 1 (21), Junior 2 (19) & Senior 3 (21)	Total: 61 (4 IES)
2:45 PM	Open Stretch, Coaches' Meeting	
3:05 PM	Introductions	
3:15 PM	Competition	
5:45 PM	Awards	

Session 4:	Junior 6 (22) & Junior 7 (25)	Total: 47 (5 IES)
6:15 PM	Open Stretch, Coaches' Meeting	
6:35 PM	Introductions	
6:45 PM	Competition	
8:45 PM	Awards	

Level 9	<u>Saturday, April 17</u>
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Session 5:	Senior 1 (29) & Senior 4 (32)	Total: 61 (9 IES)
8:00 AM	Open Stretch, Coaches' Meeting	
8:20 AM	Introductions	
8:30 AM	Competition	
11:00 AM	Awards	



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Level 9 Saturday, April 17

Session 6:	Senior 5 (25) & Senior 6 (31)	Total: 56 (11 IES)
11:30 AM	Open Stretch, Coaches Meeting	
11:50 AM	Introductions	
12:00 PM	Competition	
2:30 PM	Awards	
Session 7:	Senior 7 (30) & Senior 8 (35)	Total: 65 (14 IES)
3:00 PM	Open Stretch & Coaches' Meeting	
3:20 PM	Introductions	
3:30 PM	Competition	
6:00 PM	Awards & Level 9 Senior Recognition	

Level 10 Sunday, April 18

Session 8:	Junior E (24) & Senior C (35)	Total: 59 (6 IES)
8:00 AM	Open Stretch, Coaches' Meeting	
8:30 AM	Introductions	
8:40 AM	Competition	
11:15 AM	Awards	
Session 9:	Senior A (24) & Senior F (24)	Total: 48 (2 IES)
11:45 PM	Open Stretch, Coaches' Meeting	
12:15 PM	Introductions	
12:25 PM	Competition	
2:45 PM	Awards	
Session 10:	Senior D (31) & Senior E (31)	Total: 62 (9 IES)
3:15 PM	Open Stretch, Coaches' Meeting	
3:45 PM	Introductions	
3:55 PM	Competition	
6:30 PM	Awards & Level 10 Senior Recognition	



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Level 10 Monday, April 19

Session 11:	Junior A (23) & Junior C (29)	Total: 52 (2 IES)
8:00 AM	Open Stretch, Coaches' Meeting	
8:30 AM	Introductions	
8:40 AM	Competition	
11:00 AM	Awards	
Session 12:	Junior D (26) & Senior B (19)	Total: 45 (2 IES)
11:30 PM	Open Stretch, Coaches' Meeting	
12:00 PM	Introductions	
12:10 PM	Competition	
2:15 PM	Awards	
Session 13:	Junior B (24) & Junior F (21)	Total: 45 (1 IES)
2:45 PM	Open Stretch, Coaches' Meeting	
3:15 PM	Introductions	
3:25 PM	Competition	
5:45 PM	Awards	

*Live scoring will be available at
MeetScoresOnline.com and myUSAGym.com*