



2021 Women's Region 7 Level 9 & 10 Championships Session Schedule

Level 9 Friday, April 16

Session 1: **Junior 4 (24), Junior 8 (19) & Senior 2 (21)** **Total: 64 (5 IES)**
 8:00 AM Open Stretch, Coaches' Meeting
 8:20 AM Introductions
 8:30 AM Competition
 11:00 AM Awards

Session 2: **Junior 3 (28) & Junior 5 (25)** **Total: 53 (3 IES)**
 11:30 AM Open Stretch, Coaches' Meeting
 11:50 AM Introductions
 12:00 PM Competition
 2:15 PM Awards

Session 3: **Junior 1 (22), Junior 2 (19) & Senior 3 (21)** **Total: 62 (4 IES)**
 2:45 PM Open Stretch, Coaches' Meeting
 3:05 PM Introductions
 3:15 PM Competition
 5:45 PM Awards

Session 4: **Junior 6 (23) & Junior 7 (25)** **Total: 48 (5 IES)**
 6:15 PM Open Stretch, Coaches' Meeting
 6:35 PM Introductions
 6:45 PM Competition
 8:45 PM Awards

Level 9 Saturday, April 17

Session 5: **Senior 1 (30) & Senior 4 (31)** **Total: 61 (7 IES)**
 8:00 AM Open Stretch, Coaches' Meeting
 8:20 AM Introductions
 8:30 AM Competition
 11:00 AM Awards



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Level 9 Saturday, April 17

Session 6:	Senior 5 (27) & Senior 6 (31)	Total: 58 (10 IES)
11:30 AM	Open Stretch, Coaches Meeting	
11:50 AM	Introductions	
12:00 PM	Competition	
2:30 PM	Awards	
Session 7:	Senior 7 (31) & Senior 8 (36)	Total: 67 (15 IES)
3:00 PM	Open Stretch & Coaches' Meeting	
3:20 PM	Introductions	
3:30 PM	Competition	
6:00 PM	Awards & Level 9 Senior Recognition	

Level 10 Sunday, April 18

Session 8:	Junior E (24) & Senior C (35)	Total: 59 (6 IES)
8:00 AM	Open Stretch, Coaches' Meeting	
8:30 AM	Introductions	
8:40 AM	Competition	
11:15 AM	Awards	
Session 9:	Senior A (27) & Senior F (25)	Total: 52 (2 IES)
11:45 PM	Open Stretch, Coaches' Meeting	
12:15 PM	Introductions	
12:25 PM	Competition	
2:45 PM	Awards	
Session 10:	Senior D (31) & Senior E (31)	Total: 62 (9 IES)
3:15 PM	Open Stretch, Coaches' Meeting	
3:45 PM	Introductions	
3:55 PM	Competition	
6:30 PM	Awards & Level 10 Senior Recognition	



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Level 10 Monday, April 19

Session 11:	Junior A (23) & Junior C (30)	Total: 53 (2 IES)
8:00 AM	Open Stretch, Coaches' Meeting	
8:30 AM	Introductions	
8:40 AM	Competition	
11:00 AM	Awards	
Session 12:	Junior D (24) & Senior B (18)	Total: 42 (1 IES)
11:30 PM	Open Stretch, Coaches' Meeting	
12:00 PM	Introductions	
12:10 PM	Competition	
2:15 PM	Awards	
Session 13:	Junior B (24) & Junior F (22)	Total: 46 (1 IES)
2:45 PM	Open Stretch, Coaches' Meeting	
3:15 PM	Introductions	
3:25 PM	Competition	
5:45 PM	Awards	

*Live scoring will be available at
MeetScoresOnline.com and myUSAGym.com*