



## 2019 Region 7 Level 8 Championship Session Schedule

### Friday, April 5

<b>Session 1:</b>	<b>Junior 3 &amp; Junior 4</b>	<b>52 Athletes</b>
8:00 AM	Open Stretch, Coaches' Meeting	
8:20 AM	Introductions	
8:30 AM	1st Warmup & Competition	
11:15 AM	Awards	
<b>Session 2:</b>	<b>Junior 1 &amp; Junior 2</b>	<b>54 Athletes</b>
11:30 AM	Open Stretch, Coaches' Meeting	
11:50 AM	Introductions	
12:00 PM	1st Warmup & Competition	
2:45 PM	Awards	
<b>Session 3:</b>	<b>Senior 7 and Senior 8</b>	<b>53 Athletes</b>
3:00 PM	Open Stretch, Coaches' Meeting	
3:20 PM	Introductions	
3:30 PM	1st Warmup & Competition	
6:15 PM	Awards and Senior Recognition	

### Saturday, April 6

<b>Session 4:</b>	<b>Junior 5 &amp; Junior 6</b>	<b>53 Athletes</b>
8:00 AM	Open Stretch, Coaches' Meeting	
8:20 AM	Introductions	
8:30 AM	1st Warmup & Competition	
11:15 AM	Awards	
<b>Session 5:</b>	<b>Junior 7 &amp; Junior 8</b>	<b>53 Athletes</b>
11:30 AM	Open Stretch, Coaches' Meeting	
11:50 AM	Introductions	
12:00 PM	1st Warmup & Competition	
2:45 PM	Awards	
<b>Session 6:</b>	<b>State Team Competition</b>	<b>48 Athletes</b>
3:00 PM	Open Stretch, Coaches' Meeting	
3:20 PM	Introductions	
3:30 PM	1st Warmup & Competition	
5:45 PM	Awards	



## 2019 Region 7 Level 8 Championship Session Schedule

**Sunday, April 7**

<b>Session 7:</b>	<b>Senior 1 &amp; Senior 2</b>	<b>53 Athletes</b>
8:00 AM	Open Stretch, Coaches' Meeting	
8:20 AM	Introductions	
8:30 AM	1st Warmup & Competition	
11:15 AM	Awards	
<b>Session 8:</b>	<b>Senior 3 &amp; Senior 4</b>	<b>53 Athletes</b>
11:30 AM	Open Stretch, Coaches' Meeting	
11:50 AM	Introductions	
12:00 PM	1st Warmup & Competition	
2:45 PM	Awards	
<b>Session 9:</b>	<b>Senior 5 &amp; Senior 6</b>	<b>53 Athletes</b>
3:00 PM	Open Stretch, Coaches' Meeting	
3:20 PM	Introductions	
3:30 PM	1st Warmup & Competition	
6:15 PM	Awards	

*Live scoring will be available at  
[MeetScoresOnline.com](http://MeetScoresOnline.com) and [myUSAGym.com](http://myUSAGym.com)*